

PHILANTHROPY UPDATE

An in-depth look at how you are making a difference for our patients, their families and the communities we serve through charitable giving.

FROM THE PRESIDENT

For those who don't know me, my name is Terika Richardson, and I am the new president of Advocate South Suburban Hospital. I have been with Advocate since June 2016 as president of Advocate Trinity Hospital. I am honored and excited to now be a part of the South Suburban Hospital family, and I look forward to learning more about the impact philanthropy is making around the hospital and our community.



Terika Richardson

What a time to be joining such an exceptional hospital community! Not only has South Suburban been recognized for patient safety and stroke achievements, but it has been named among the Top 150 Best Places to Work in Healthcare by Modern Healthcare.

It is through the support of donors, volunteers, patients, physicians, caregivers and community members that we have realized such great success. Philanthropy continues to play an important role in our health care ministry. With your generosity and support, we continue to thrive in all of these areas and more. Thank you!

YOUR IMPACT

FURTHERING EMPLOYEE EDUCATION

The field of medicine never stops moving forward—and neither should physicians. We are committed to medical education and research for physicians, residents, fellows, medical students and caregivers by providing access to a range of opportunities including exposure to the latest seminars, conferences and symposiums; participating in research initiatives and projects; or improving skills and patient safety through hands-on training and simulations.

HELPING SURVIVORS HEAL

The Sexual Assault Nurse Examiner (SANE) program is a service provided to patients who come to our Emergency Department and have been sexually assaulted. The program works with community agencies to ensure the safety of the survivor, provide medical care and offer the choice to have evidence collected. Specially trained nurses work with compassion so that the survivor's healing may begin.

IMPROVING ACCESS TO CARDIAC CARE

Because insurance does not cover the maintenance care for many heart and lung patients, philanthropy has ensured our patients are able to improve cardiovascular performance, which can only be done by following and maintaining a fitness plan, offered at our Cardiac and Pulmonary Rehabs.



Meet Diane. She is the coordinator for cardiopulmonary rehab at Advocate South Suburban Hospital. She has been at South Suburban Hospital for over 28 years, however, she has been a clinical exercise physiologist for more than 40 years.

“Using a variety of rehabilitation techniques to help people increase their fitness levels was a new thing at the time I started out. It is a specific science designed to assist people in changing lifestyle habits that led to disease, while reducing risk factors for disease progression. I was attracted to the idea that both rehabilitation AND secondary prevention could be taught at the same time.”

To learn more about philanthropy at Advocate South Suburban, visit advocategiving.org or call 708.213.3890.